

# ROBIN ANDERSON

## PHYSIOTHERAPY CANDIDATE

A passionate, joyful UBC MPT graduate who builds rapport easily and strives to work collaboratively with patients to establish a positive therapeutic relationship. Her diverse clinical experience enables her to prioritize patient needs and liaise appropriately with the interdisciplinary team.

 604-701-9097

 robin.anderson93@gmail.com

 44945 Watson Rd, Chilliwack, BC, V2R 2Y3

## EDUCATION

### University of British Columbia

Master of Physical Therapy  
Graduated in Nov. 2023

### University of the Fraser Valley

Bachelor of Kinesiology  
Graduated with distinction in Jun. 2018

## RELATED JOB HISTORY

### Kinesiologist

Intuitive Rehab (2020 – 2021)  
Karp Rehab (2019 – 2020)

### Support Worker

BC Deafblind Association (2017 – 2019)

### Soccer Coach

Chilliwack FC (2016 – 2019)

## RELATED RESEARCH

The effect of stroke severity on inter-rater reliability of the CMSA and Fugl-Meyer Stroke Assessment tools.

Supervised by Dr. Lara Boyd, Professor, Department of Physical Therapy, Faculty of Medicine, UBC

## CLINICAL PLACEMENTS

### ROYAL COLUMBIAN HOSPITAL – New Westminster, BC (Apr. 2022 – May 2022)

Cardiac Stepdown Unit. Experience with auscultation skills, providing transfer and mobility treatment for pathway populations post open-heart surgery, running group exercise classes, providing patients with education and cardiac rehab resources within their community, taking histories in pre-operative assessments.

### EAGLE RIDGE HOSPITAL – Port Moody, BC (May 2022 – Jun. 2022)

Outpatient Rehab Clinic. Experience with subjective and objective assessments, creating and progressing treatment plans, and discharging patients who underwent elective hip, shoulder, and knee replacement surgeries. Specific skills include goniometry measurement, Manual Muscle Testing, creating strengthening and ROM programs, and discharge planning.

### RIDGE MEADOWS HOSPITAL – Maple Ridge, BC (Nov. 2022 – Dec. 2022)

Inpatient Rehab Unit. Conducted assessments and treatments for patients with MSK conditions, stroke, and general deconditioning. Treatment goals included improving mobility and coordination, as well as maximizing communication with patients who had aphasia. Rehabilitation care also included participating in weekly rounds. Worked closely with Rehab Assistants to delegate tasks and communicate which patients were appropriate to attend group exercise classes daily. The student also observed family meetings with the interdisciplinary team. Student received distinction for this placement.

### CHILLIWACK GENERAL HOSPITAL – Chilliwack, BC (Feb. 2023 – Mar. 2023)

Student-Lead Outpatient Unit. Experience with patients who were post-elective joint surgeries, as well as conditions such as stroke, MS, or GBS. Treatments primarily included gait training, resistance exercise prescription, and balance and coordination exercises. Students also worked on the acute post-surgical ward during this placement. Tasks in this unit included education, post-op exercise prescription, mobility assessments, and delegating tasks to Rehab Assistants. Student received distinction for this placement.

### ADVANCED HEALTH & WELLNESS – Port Coquitlam, BC (Mar. 2023 – Apr. 2023)

Private Practice Clinic. Experience with assessing patients with unknown MSK conditions and providing appropriate education, exercise prescription, and manual therapy to address their unique deficits. Manual therapy skills include soft tissue release, PAVMs, and pin and stretch. The student also developed return to play plans for youth athletes who sustained concussions and lower extremity injuries.

### QUEEN'S PARK CARE CENTER – New Westminster, BC (Aug. 2023 – Sep. 2023)

Student-Lead Outpatient Clinic. Performed assessments on patients who were post-elective joint surgeries, deemed as a falls risk in their community, and post-stroke and other neurological conditions. Provided appropriate exercise prescription and manual therapy based on deficits identified. Participated in interdisciplinary rounds and group education sessions. Also collaborated with two other students to design a presentation outlining the effectiveness and recommended use of the Lokomat system.